

Child and Teen Checkups are a benefit for children from birth-age 20 with Medical Assistance

Call your child's medical clinic to schedule Child and Teen Checkups at the following ages:

0-1 month	9 months	24 months
2 months	12 months	30 months
4 months	15 months	Yearly ages
6 months	18 months	3-20



Working with people to improve lives

Anoka County
Public Health & Environmental Services
2100 3rd Avenue, STE 600
Anoka, MN 55303-5041



Anoka County
MINNESOTA

Respectful, Innovative, Fiscally Responsible

Updated 06/04/2020

MENTAL

HEALTH RESOURCES



CLINICS IN THE ANOKA COUNTY AREA

- Accept Medical Assistance and Medical Assistance Health Plans
- Low Cost or Sliding Fee

Child and Teen Checkups

763-324-4280

HEALTH PLANS KEY:

MA: Fee-for-service Medical Assistance
Managed Care Plans
B: Blue Plus HP: HealthPartners U: UCare

Your Managed Care Plan can help you find services
Blue Plus 1-800-711-9862
HealthPartners 952-967-7998
UCare 612-676-3200

ANOKA COUNTY CRISIS SERVICES

Canvas Health 763-755-3801
Available 24 hours per day, 7 days a week
Mobile mental health crisis services
Minnesota Crisis Text Line
Text MN to 741741
Free 24/7 support



ANOKA COUNTY MENTAL HEALTH

Resources, information, referrals, screening, case management, and chemical abuse help.
Adult Mental Health 763-324-1420
Children's Mental Health 763-324-1430

HEALTH SYSTEMS (multiple locations)

Allina Health 1-866-603-0016
Accepts: MA, B, HP, U
M Health Fairview 612-672-6999
Accepts: MA, B, HP, U
HealthPartners 952-967-7992
Accepts: MA, B, HP

MENTAL HEALTH SERVICES IN ANOKA COUNTY

ANDOVER Interpretive Leadership 763-703-1484
13750 Crosstown Dr NW STE 207
Accepts: MA, B, HP, U, sliding fee

Northern Therapy and Psychological Services 763-568-7622
13750 Crosstown Dr. NW STE L102
Ages 10 and up
Website: northerntherapymn.com

Conscious Healing Counseling 612-900-0233
2705 Bunker Lake Blvd STE 112
Accepts: MA, B, HP, U, limited sliding fee
Website: conscioushealingcounseling.com

Rum River Counseling Inc 763-482-9598
1875 Station Pkwy NW
Accepts: MA, B, HP, U
Website: rumrivercounseling.com

ANOKA ABC Family Counseling 763-227-8076
229 Jackson St STE 136
Accepts: MA, U

Care Counseling Center Inc 763-248-0994
3824 7th Ave N
Accepts: MA, B, HP, U, sliding fee
Website: carecounselingcenterinc.com

COR Counseling Services LLC 763-427-1950
646 E River Rd STE 1
Accepts: MA, B, HP, U
Also provides psychiatric services for adults
Website: corcounseling.com

Family Innovations Inc 763-421-5535
1833 3rd Ave
Accepts: MA, B, HP, U, sliding fee
Website: familyinnovations.com

Fuller Living and Associates 763-647-8188
2006 1st Ave STE 201
Accepts: MA, B, U
Will see patients outside of normal hours
Website: fullerlivingandassociates.com

Genuine Therapy Center 763-712-1903
630 E Main St
Accepts: MA, B, HP, U, sliding fee
Ages 10 and up
Website: genuinetherapycenter.com

Greenhaven Therapy LLC 763-203-3164
540 Greenhaven Rd STE 204
Accepts: MA, B, HP, U
Website: greenhaventherapy.com

ANOKA (continued)

Jennifer Enstad 763-355-4468
2006 1st Ave N STE 101
Accepts: MA, B, HP, U Website: jennienstadpsydip.com

Nora Matthews LPCC 612-481-1198

2665 4th Ave N STE 20
Accepts: MA, B, U, sliding fee
Specializes in trauma and PTSD
Website: noramatthews.com

Psychotherapy and Healing Associates Ltd

2665 4th Ave STE 20 612-296-3800
Accepts: MA, B, HP, U, limited sliding fee
Specializes in postpartum counseling and infertility
Website: phawellness.com

Rhonda Johnson 952-240-0109

2006 1st Ave N STE 101
Accepts: MA, B, HP, U
Website: rhondajohnsonlicsw.com

BLAINE

Blaine Counseling Center 763-755-7612

11806 Aberdeen St NE STE 260
Accepts: MA, B, HP, U
Ages 13 and up, Website: dougdrewlicsw.com

Fuller Living and Associates 763-647-8188

607 County Rd 10 NE STE 104
Accepts: MA, B, U
Will see patients outside of normal hours
Website: fullerlivingandassociates.com

Omni Mental Health 612-955-4633

9298 Central Ave NE STE 306
Accepts: MA, B, HP, U Website: omnimentalhealth.com

Rum River Counseling Inc 763-482-9598

11870 Ulysses St NE STE 200
Accepts: MA, B, HP, U Website: rumrivercounseling.com

CENTERVILLE

Centerlife Counseling LLC 651-288-0332

7039 20th Ave S
Accepts: MA, B, HP, U, limited sliding fee
Website: carecounselingcenterinc.com

Family Innovations Inc 651-407-3631

7041 20th Ave S
Accepts: MA, B, HP, U, sliding fee
In-office and/or home-based counseling
Website: familyinnovations.com

CIRCLE PINES

Introspect Mental Health 612-424-1574
301 Village Pkwy
Accepts: MA, B, HP, U, sliding fee
Website: introspectmh.com

Safe Place Safe Passages 651-491-3377

49 Central St STE 2
Accepts: MA, B, HP, U, sliding fee
Specialize in GLBT, gender identity concerns
Website: safeplacesafepassages.com

COLUMBIA HEIGHTS

Anoka Health Center 763-283-7194

4111 Central Ave NE STE 201
Accepts: MA, U

COON RAPIDS

Bonnie Norsted-Meitzner 763-784-3405

277 Coon Rapids Blvd STE 308
Accepts: MA, B, HP, U, sliding fee
Ages 12 and up

Family Based Therapy Associates 763-780-1520

199 Coon Rapids Blvd NW STE 306
Accepts: MA, B, HP, U Website: fbta.biz

Fraser Child and Family Center 763-231-2590

9120 Springbrook Dr NW Intake 612-767-7222
Accepts: MA, B, HP, U, discount available for self pay
Website: fraser.org

Jennifer Webb MA LP 763-757-8282

834 89th Ave NW
Accepts: MA, B, U
ages 14 and up, specializes in trauma and abuse

Lee Carlson Center for Mental Health and Wellbeing

10091 Dogwood St NW STE 110 763-780-3036
10081 Dogwood St. STE 100
Accepts: MA, B, HP, U
Website: leecarlsoncenter.org

North Suburban Counseling Center 763-784-3008

425 Coon Rapids Blvd STE 200
Accepts: MA, B, HP, U, sliding fee
ages 16 and up
Website: northsuburbancounselingcenter.com

Nystrom and Associates Ltd 763-767-3350

11660 Round Lake Blvd NW
Accepts: MA, B, HP, U
Website: nystromcounseling.com

People Incorporated-Family Life Mental Health Center

1930 Coon Rapids Blvd NW 651-774-0011
Accepts: MA, B, HP, U, Sliding fee
Website: peopleincorporated.org

Therapeutic Services Agency Inc 320-629-7600

3915 Coon Rapids Blvd
Accepts: MA, B, HP, U
outpatient, in-home, school, or day treatment
Website: hoperealized.com

FRIDLEY

Aria Counseling Assessment and Meditation Centers

7260 University Ave NW STE 235 763-572-2612
Accepts: MA, B, HP, U, sliding fee
Website: ariacounselingmn.com

Behavioral Health Services Inc LLC 651-769-6250

6401 University Ave NE STE 304 Intake 651-662-0800
Accepts: MA, B, HP, U
Psychiatry available, Website: bhsiclinics.com

Christian Heart Counseling 651-439-2059

7362 University Ave NE STE 307
Accepts: MA, B, HP, U
Website: christianheartcounseling.com

Clear Passage Counseling 651-271-3047

7671 Central Ave NE STE 101
Accepts: MA, U, limited sliding fee
Specialize in high conflict and severe trauma
Website: clearpassagecounseling.com

DBT Associates (Dialectica Behavior Therapy)

7362 University Ave NE STE 101 763-503-3981
Accepts: MA, B, HP, U, limited sliding fee
13 and up, Website: dbtassociates.com

Lee Carlson Center for Mental Health and Wellbeing

7954 University Ave NE 763-780-3036
7920 University Ave NE (Bridgeview Drop-In Center)
Accepts: MA, B, HP, U Website: leecarlsoncenter.org

Mindful Way Counseling LLC 612-389-2332

1250 Moore Lake Dr East STE 152
Accepts: MA, B, HP, U
Website: mindfulwaycounseling.org

HAM LAKE

Genuine Therapy Center 763-712-1903

1328 McKay Dr NE STE 100
Accepts: MA, B, HP, U, sliding fee
Ages 10 and up, Website: genuinetherapycenter.com

LINO LAKES

Bridging Hope Counseling 763-291-5505
6776 Lake Dr STE 170
Accepts: MA, B, HP, U
Ages 12 and up, Website: bridginghopecounseling.com

RAMSEY

Prevail Counseling Group PLLC 763-427-2590

14000 Sunfish Lake Blvd NW STE 209
Accepts: MA, B, HP, U
Website: prevailcounselinggroup.com

Rum River Counseling Inc 763-482-9598

14000 Sunfish Lake Blvd STE 205
Accepts: MA, B, HP, U
Website: rumrivercounseling.com

METRO AREA MENTAL HEALTH SERVICES AND RESOURCES

Amherst H Wilder Foundation 651-280-2310

451 Lexington Pkwy N, St Paul
Accepts: MA and most health insurances, sliding fee
Website: wilder.org

CLUES (Comunidades Latinas Unidas en Servicio)

Minneapolis: 720 E Lake St 612-746-3500
St. Paul: 797 E 7th St 651-379-4200
Website: clues.org

Community-University Health Care Center (CUHCC)

2001 Bloomington Ave S, Minneapolis 612-301-3433
Discount program for low income
Website: cuhcc.umn.edu

Northpoint Health and Wellness Center 612-543-2500

1313 Penn Ave N, Minneapolis
Multiple locations, sliding fee
Website: northpointhealth.org

National Alliance on Mental Illness Minnesota (NAMI)

Website: namimn.org 651-645-2948

Mental Health Minnesota 651-493-6634

Website: mentalhealthmn.org

PACER Center 952-838-9000

Support and advocacy for children with disabilities and their families Website: pacer.org