

Who to Call

Resources for Anoka County children and families

Childcare and Education

Metro North Adult Basic Education 763-433-4200

Free adult classes including ESL, GED preparation, MN State diploma, college entrance preparation, basic reading, writing, and math. metronorthabe.org

Child Care Assistance 763-324-2360

Help paying for child care, based on sliding scale, must be eligible.

Child Care Aware/Parent Aware 1-888-291-9811

Help finding quality child care. parentaware.org

Early Childhood Family Education (ECFE)

Call your local school district

Fun and educational classes for children (birth-age 5) and their families, sliding scale fees.

Head Start Program 763-783-4314

Free preschool for children (birth-age 5), must be income eligible. accap.org

Help Me Grow 1-866-693-4769

Free help for children (birth-age 5) with physical and/or behavioral delays. helpmegrowMN.org

Safe Kids Anoka County acsafekids.org

Car seat and bike helmet information and clinics.

Free Clothing

ACBC Foodshelf, Anoka 763-422-0046**Joseph's Coat, St. Paul 651-291-2472****Lydia's Closet, Columbia Heights 763-789-4337****The Clothing Closet (NACE), East Bethel 763-434-7685****Salvation Army 763-755-6873**

Food Assistance

SNAP 763-422-7200

Food support assistance for eligible families.

MNbenefits.mn.gov

WIC (Women, Infants and Children) 763-324-4230

Supplemental food program and nutrition education for pregnant or breastfeeding women and children (birth-age 5). Must be eligible. anokacountymn.gov/wic

FARE for All 763-450-3880

Discounted food packages. fareforall.org

Food Shelves, Food Distributions, and Family Table

Meals.....Call Anoka County Child and Teen Checkups for an updated list 763-324-4280. anokacountymn.gov/ctc *other community resources tab

Financial and Legal

ACCAP Energy Assistance 763-783-4712

Assistance with heating bills for income eligible households.

accap.org

Salvation Army Heatshare 763-755-6873

Help with heating emergencies for Anoka County Residents, must have tried other programs first.

Child Support 763-324-2420

Establishing parentage and enforcing orders for support.

Economic Assistance EZ Info 763-422-7200

SNAP, Cash (MFIP, DWP), and Medical Assistance/MNsure.

Apply at mnbenefits.mn.gov

Family Means Consumer Credit 651-789-4014**Counseling**

Free budget and credit counseling. familymeans.org

Legal Aid Immigrant Law Project 612-332-1441

Legal services and information for immigrants. mylegalaid.org

Judicare 763-783-4970

Free legal representation for low income Anoka County residents. anokajudicare.org

CareerForce 763-324-2300

Help and resources for finding employment.

careerforcemn.com/blaine

Health Care Services and Programs

Anoka County Immunization Line 763-324-4210

Immunizations for under insured and uninsured.

Anoka County Public Health Nursing 763-324-4240

Free nurse home visiting program to support families during pregnancy and parenting. anokacountymn.gov/FHV

Economic Assistance EZ Info 763-422-7200

Medical Assistance/MNsure programs. Questions, changes, applying for assistance.

MNsure.org 1-855-366-7873

Apply online for Medical Assistance, MinnesotaCare or private health plans, call with questions.

Briva Health 855-566-7873

MNsure application assistance brivahealth.com

Portico Healthnet 651-489-2273

MNsure application assistance porticohealthnet.org

Hearing/Speech Impaired

Minnesota Relay Service 7-1-1 or 1-800-627-3529**Speech-to-Speech 1-877-627-3848**

Hotlines, Crisis, and Other Help

Ambulance, Fire, Police Emergency 9-1-1

Poison Control Center 1-800-222-1222

Alexandra House 763-780-2330

Emergency shelter and 24 hour crisis line for victims of domestic and sexual violence and their children.

alexandrahouse.org

Child Protection 763-324-1440

To report suspected abuse or neglect of a child living in Anoka County.

Emma B Howe YMCA 763-493-3052

Resource line and supportive services to youth (12-24) dealing with homelessness, foster care, or the juvenile justice system.

HOPE 4 Youth 763-323-2066

Drop in resource center for homeless youth (ages 16-24), provides hot meals, clothing, food pantry, laundry and shower facilities, and computer lab for housing and job search.

hope4youthmn.org

LGBT National Help Center 1-888-843-4564

Peer counseling, information and local resources for LGBTQ callers. lgbthotline.org

National Domestic Violence Hotline (24/7) thehotline.org 1-800-799-7233

988 Suicide and Crisis Lifeline 988

988lifeline.org

United Way 2-1-1 or 651-291-0211

24 hour information and referral service for health, recreation, education, social services, etc. 211unitedway.org

Youth Link 612-252-1200

Drop-in center for homeless youth (16-23), hot meals and showers, assistance and resources. youthlinkmn.org

Epiphany Caring for Life 612-803-2225

24 hour support during pregnancy and after birth to women and their families. Resources, miscarriage support, material items, and supplies.

Multi-Cultural Support

Comunidades Latinas Unidos En Servicio (CLUES) 612-746-3500

Bilingual and bicultural advocacy. Information and referral services. clues.org

Confederation of Somali Community in MN 612-605-3222

Offers education and outreach services, advocacy and intervention, youth services. csc-mn.org

Division of Indian Work 612-722-8722

Culturally-based education, counseling, advocacy, leadership development, strengthening families, and providing basic needs. diw-mn.org

Southeast Asian Community Council 651-521-4859

Social services help with completing forms, translation, and transportation services. Counseling, mediation, and referral to resources.

Housing

ACCAP Housing Hotline 763-783-4730

Provides a variety of low to moderate-cost housing alternatives in Anoka County.

Anoka County Housing Help Desk 763-324-1490

Information on local housing resources and programs.

Anoka County Housing Resource Line 763-324-1215

Line

Select from the menu options to be connected to an agency that may be able to help if facing eviction, homelessness, being behind on rent.

HousingLink housinglink.org

Search for affordable rental units in the area of your choosing.

Transportation

Anoka County Traveler Fixed Routes 612-373-3333

Regularly scheduled bus routes.

24-hour automated schedule: 612-341-4287

Metro Area Transit Link 651-602-5465

Public transportation where regular route service is unavailable. Must make reservations in advance.

Anoka County Medlink 763-324-3255

Volunteer transportation, must make reservation in advance.

Medical or social service appointments only. Rides provided M-F 8:00am-4:30pm

NEMT (Non-emergency Medical Transportation)

(Medical Assistance/MinnesotaCare only) 1-866-467-1724

Transportation to medical or dental appointments, M-F 8am-6pm, must call ahead.

Medical Assistance health plans (Blue Plus, HealthPartners, UCare, or United Healthcare) offer transportation to appointments. Call your health plan.

Child and Teen Checkups

Anoka County 763-324-4280

Help finding a doctor or dentist, making appointments, finding transportation, or scheduling an interpreter for families with children and young adults (birth to age 21) on Medical Assistance. Free and low cost medical and dental resources.

Checkups are due at these ages:

0-1 month	9 months	24 months
2 months	12 months	30 months
4 months	15 months	Yearly ages
6 months	18 months	3-20