

FREE TRAINING

SOCIAL MEDIA AND KIDS

Social Media Education,
Tips and Tools for Parents
of Children and Teens



BRANDON JONES, MA

JEGNA Institute (Link to Brandon's bio [HERE](#))

This workshop will explore the link between social media and mental health in youth. We will discuss concepts and practical strategies on how to engage youth about their social media use that keeps them safe, connected and healthy.

Sign up via our registration link:
<https://www.anokacounty.us/Training-ACCFC>

Or contact Ashley at
763-324-1292

Join us for dinner and discussion on social media and mental health.

When: Tuesday, April 28, 2020

Where: Fridley Community Center— 6085 7th St. NE
Fridley, MN 55432

Time: Registration and dinner begin at 5:45 p.m.

Free childcare provided for children ages 2-12.

Sponsored By:



ANOKA COUNTY
CHILDREN & FAMILY COUNCIL



Anoka County
HUMAN SERVICES DIVISION
Community Social Services and Behavioral Health

Alexander House, Anoka-Hennepin, Centennial,
Columbia Heights, Fridley, St. Francis schools,
Headway and People, Inc.