

SHIP Community Partner Award Application Instructions –2023

Anoka County Public Health (Public Health) is pleased to offer an opportunity for neighborhoods and community organizations to submit project proposals for Statewide Health Improvement Partnership (SHIP) funding. Our goal is to bring sustainable opportunities for social connectedness through healthy eating, physical activity, well-being, and reducing commercial tobacco use directly to the communities where individuals who may not have access to these opportunities are living. Anoka County SHIP staff are available to assist with all steps of the application process, so please do not hesitate to reach out to SHIP@co.anoka.mn.us or 763-324-4200 with any questions or requests for support. Interpreters are also available to help with completion, if needed.

Timeline:

- Information Virtual Meeting: February 2023 (TBD -will be announced on www.goanokacounty.org/communitypartnerawards)
- Applications accepted: January –March 2023
- Application deadline: March 17th, 2023,
- Award notification: April 1st, 2023
- Project Funding Period: Projects need to be completed by October 31st, 2023
- Final Reporting and Evaluation: October – November 30th, 2023

All project applications must include at least one policy, system or environmental change and show that in the application:

- **Policy:** the passing of policies, ordinances, or rules within an organization
Example: creating or updating current tobacco policy to include vaping
- **Systems:** changes to transform “the way things are typically done.”
Examples: supporting the start-up of a Community Supported Agriculture (CSA) Community Garden drop-site or food pantry/shelf or implementing structured physical activity opportunities
- **Environmental:** occurs within social, economic, or physical environments.
Examples: having a bike share available to the community or having a water bottle filler available to improve water access

SHIP Project Areas

Project applications must focus on at least one of the following project areas.

- **MN EATS:** activities aim to increase intake of fruits and vegetables and decrease intake of sodium, saturated fat or added sugar in foods and beverages. Breastfeeding support activities that aim to reduce breastfeeding barriers would be included under this topic area.
- **MN MOVES:** activities aim to increase access to facilities and opportunities for physical activity and active transportation.
- **MN Wellbeing:** activities aim to increase supports for positive mental health and promote resiliencies for all residents.
- **MN Tobacco-free living:** activities aim to reduce tobacco/vaping use and to promote cessation.

REQUIREMENTS

- Must be located in Anoka County, MN.
- A completed application must be submitted by March 17th, 2023.
- Priority will be given to projects supporting populations experiencing health inequities. This may include, but is not limited to, racial/ethnic groups, refugees/immigrants, veterans, individuals with disabilities, people in poverty, and seniors (aged 65+).
- Awarded projects must provide updates on project status, including (but not limited to) timelines, budget spent, and activities, as requested within 5-10 business days.
- Conduct evaluation activities and provide any data that was collected. SHIP staff is available to assist with the evaluation process including development and data collection.
- Submit success stories, which can include photos, quotes, video, etc. highlighting your project.

Funding Decisions and Amounts: Applicants will be notified of award decisions by April 1st, 2023.

Maximum funding per project is \$3,000. All purchasing will be done by Anoka County SHIP staff once project budget has been finalized and approved. Final decisions will be based on a review of submitted project applications, Anoka County and Minnesota Department of Health guidelines, and availability of funds. For more information on budget and allowable funding please see the “2023 Anoka County SHIP Community Partner Awards Financial Guidance” document.

Examples of Activities *(not all-inclusive)*

• **Healthy Eating/ MN Eats**

- Create policies/guidelines to ensure healthy foods are available at community events
- Update vending to ensure healthy options are available at the same or lower cost as unhealthy options
- Create an affordable snack station to provide healthy food choices
- Support the start-up of a Community Supported Agriculture (CSA)/Community Garden drop-site or food pantry/shelf
- Improve water access, for example: purchase of a water bottle filler
- Start-up costs for a community garden
- Create lactation and breastfeeding spaces in public places
- Expanding availability of culturally specific foods
- Other: _____

• **Physical Activity/ MN Moves**

- Create a library of shared fitness/physical activity equipment (e.g., soccer, fitness class, or bike share equipment)
- Dedicate an existing space for physical activity
- Purchase bike racks and/or Fix-It stations
- Map walking routes around the community or neighborhood
- Implement structured physical activity opportunities (e.g., walking clubs, youth activities, etc.)
- Culturally specific physical activity opportunities
- Cultural liaisons in parks
- Other: _____

Well-Being/ MN Well-being

- Fostering partnerships with local behavioral health providers for referrals
- Communications campaign to reduce mental health stigma or to promote healthy stress management
- Host a Mental Health First Aid training or other program to reduce stigma and build support
- Attend a training on trauma-informed principles
- Adding social connection to policies and systems to ensure belonging
- Other: _____

• **Tobacco-Free Living/ MN Tobacco-Free Living (CTF)**

- Create or update current tobacco policy to include vaping and updated Clean Indoor Air Act language
- Provide tobacco cessation resources and support
- Post tobacco-free/vaping-free signage
- Other: _____

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Anoka County
HUMAN SERVICES DIVISION
Public Health & Environmental Services

