

Free Community Meals

Please call ahead. Meals subject to change or cancellation.

Faith Lutheran Church

11115 Hanson Blvd. NW, Coon Rapids
763-755-3530

First Thurs, 5:00 - 6:00 pm

- Dine in or curbside pick-up

First Lutheran Church

1555 40th Ave. NE, Columbia Heights
763-788-9653

Sun, 11:00 am - 12:30 pm, Sept-May

Fridley United Methodist Church

680 Mississippi St. NE, Fridley
763-571-1526

Fourth Sat, 11:30 am - 12:30 pm

- Dine in or drive-thru pick-up

Glen Cary Lutheran Church

15531 Central Ave. NE, Ham Lake
763-434-5695

Third Fri, 6:00 - 7:00 pm

Mount Olive Lutheran Church

700 Western St., Anoka
763-421-3223

Wed, 5:30 - 6:15 pm

Redeemer Lutheran Church

61 Mississippi Way NE, Fridley
763-574-7445

Third Mon, 5:45 - 6:30 pm

St. Philip's Lutheran Church

6180 Hwy 65 NE, Fridley
763-571-1500

Wed, 5:15 - 6:00 pm

- Curbside pickup only

St. Stephen's Catholic Church

525 Jackson St., Anoka
763-421-2471

Third Sat, 5:45 - 6:30 pm

St. Timothy Lutheran Church

825 51st Ave. NE, Columbia Heights
763-571-9721

Second Tues, 5:00 - 6:30 p.m.

- Drive-thru pick-up only

Unity North Spiritual Center

11499 Martin St. NW, Coon Rapids
763-754-6489

January - October*

Fourth Thurs, 5:00 - 6:00 pm

- Drive-thru pick-up only

*No meals November - December

Transportation

Transit Assistance Program (TAP)

612-373-3333 | www.metrotransit.org/tap-riders
\$1 fare on fixed route buses for lower income

Transit Link

612-602-LINK (5465) | www.transitlinktc.org
Minibus or van that operates weekdays where fixed routes aren't available.
Must be reserved in advance.

Metro Mobility

<https://www.metrotransit.org/metro-mobility>
651-602-1111, TTY: 651-221-9886

For certified riders with a health condition or disability who are unable to use fixed route buses.

Anoka County Traveler Fixed Routes

www.anokacountymn.gov/Fixed-Route-Buses
612-373-3333 | TTY: 612-341-0140
24 hour automated schedule call 612-341-4287

Food Resource Guide

Anoka County | 2025

GoAnokaCounty.Org



County-Wide Resources

Women, Infants & Children (WIC)

www.AnokaCountyMN.gov/Women-Infants-Children-WIC

763-324-4230 or Text AnokaWIC to 763-220-3366

Healthy food, nutrition counseling, and breastfeeding support for pregnant and postpartum women, infants, and children age 0-5 for those who qualify. Peer breastfeeding counselors available.

Hunger Solutions MN Food Helpline

1-888-711-1151 | www.hungersolutions.org
call or text Monday-Friday 10am-5:00pm

Learn about free and low cost food resources in your neighborhood, including food shelves, Fare for All, farmers' markets, & free meals.

Anoka County Economic Assistance

Department (SNAP/ Food Assistance)

www.AnokaCountyMN.gov/Supplemental-Nutrition-Assistance-Program
763-422-7200

Fare for All

763-450-3860 | www.fareforall.org

Pop-up grocery store offering discounted groceries, including fresh fruits, vegetables, and meats. No registration required.

Accepts: credit, cash, debit, or SNAP/EBT

Call or check website for locations and schedule.



Commodity Supplemental Food Program (CSFP)

www.health.state.mn.us/people/csfp/index.html
763-422-0046

Eligible seniors (60+ years) receive a box of USDA commodity, shelf stable foods, including canned fruits, vegetables, meats, and grains.

Impact Services Meals on Wheels

www.mowAnoka.org/meals-on-wheels/
763-264-4041

Meals served at lunchtime for seniors, pregnant women on bed-rest, people on short-term medical rest, and people living with disabilities or medical conditions. Serves Anoka County. Call or visit website to sign up.

Market Bucks

at local farmers markets

HungerSolutions.org/programs/market-bucks/

Scan Here:



Anoka County
MINNESOTA

Respectful. Innovative. Fiscally Responsible.

Free Food Shelves & Food Distributions

Please call ahead for more information, times subject to change

ACBC Food Shelf

763-422-0046
2615 9th Ave. North, Anoka, MN 55303
Mon & Wed, 10:00 am - 3:00 pm
Tues, 12:00 - 5:00 pm
Thurs, 12:00 - 7:00 pm

Anoka Covenant Church

763-421-5194
752 Grant St., Anoka, MN 55303
Mon, 12:00 - 2:00 pm

Blaine United Methodist Church

763-757-2170
621 115th Ave. NE, Blaine, MN 55434
Thurs, 10:00 am - 12:00 pm

Centennial Community Food Shelf

763-784-2013
200 Civic Heights Circle, Circle Pines, MN 55014
Mon & Thurs, 4:00 - 6:00 pm

Coon Rapids United Methodist Church

Matthew 25 Food Distribution
763-755-6990
10506 Hanson Blvd. NW, Coon Rapids, MN 55433
Second Sun, 12:00 - 2:00 pm, *Drive-thru only*
Food give away - Fri, 4:00 - 6:00 pm
-Door open @ 3:00 pm

Grace Evangelical Free Church

763-784-7199
755 73rd Ave. NE, Fridley, MN 55432
Second Fri, 5:00 - 7:00 pm
-Registration required

Grace Lutheran Church

763-421-6520
13655 Round Lake Blvd., Andover, MN 55304
Mon - Thurs, 9:00 am - 3:00 pm
Emergency food shelf, by appointment only

Harbor Food Shelf at Faith Lutheran Church

www.faithlutherancr.org/the-harbor
763-755-3530
11115 Hanson Blvd. NW, Coon Rapids, MN 55433
Last Wed, 2:30-4:30 pm - drive thru
Select Thurs, 3:00 - 5:00 pm- must have appointment
Appointments can be made online or by phone

Hope for the Community at Hope Church

763-757-4266
1264 109th Ave. NE, Blaine, MN 55434
Thurs, 9:30 am - 5:00 pm
- Drive Thru

Islamic Center of Minnesota

763-571-5604
1401 Gardena Ave NE, Fridley, MN 55432
Third Sun, 11:00 am - 1:00 pm
- Pre-registration is recommended for new clients

Linwood Covenant Church

Manna Market
651-464-1986
6565 Viking Blvd. NE Wyoming, MN 55092
Second Thurs, 4:00 - 6:00pm
- Drive-thru only, register in car line.

Manna Market at Centennial Square

763-205-1035
3200 89th Ave. NE, Blaine, MN 55449
Wed, Registration @ 4:30 pm
Distribution @ 5:00 pm
Serving the Centennial Square Mobile Home Community in Blaine.

Manna Market at Fridley Covenant Church

763-571-1657
6390 University Ave. NE, Fridley MN 55432
Tues, 4:00 - 6:00 pm
- Drive-thru only.

Manna Market at Substance Church

763-205-1035
8299 Central Ave. NE, Spring Lake Park, MN 55432
Mon & Thurs, 4:00 - 6:00 pm
- Registration @ 3:00 pm
Sat, 10:00 am - 12:00 pm
- Registration @ 9:00 am

Muslim American Society Minnesota

651-457-7170
12175 Aberdeen St. NE, Blaine, MN 55449
Second Sat, 11:00 am - 1 pm
New clients must bring a driver's license or other ID and request to fill out an application.

North Anoka County Emergency Food Shelf

763-434-7685
18511 Hwy 65 NE, Suite 200, East Bethel, MN 55011
Mon - 9:00 - 12:00 pm, 5:30 - 7:00 pm
Tues - 5:00 - 8:00 pm
Wed - 1:00 - 4:00 pm
Thurs - 9:00 - 12:00 pm

Way of the Lord Church

763-755-4800
804 131st Ave. NE, Blaine, MN 55434
Second and Fourth Tues - 2:30 - 5:30 pm
Requires valid photo ID

Southern Anoka Community Assistance

763-789-2444 | www.sacafoodshelf.org
627 38th Ave. NE Columbia Heights, MN 55421
Mon, 9:00 am - 4:00 pm
Tues, 8:00 am - 4:00 pm
Wed, 10:00 am - 6:00 pm
Thurs, 8:00 am - 3:00 pm
Appointments can be made online for the food shelf.
Delivery service available for home-bound seniors and people with disabilities.

St. Phillip's Clothing and Food Shelf

763-571-1500
6180 Hwy 65 NE, Fridley, MN 55432
Tues, 10:00 - 11:30 am
Wed, 5:00 - 6:30 pm
Fri, 10:00 - 11:30 am

The Salvation Army Food Shelf

763-755-6873
1201 89th Ave. NE #2100, Blaine, MN 55434
Mon, Tues, Wed, Thurs, 9:00 am - 4:00 pm
By appointment only, please call ahead.

Trinity Lutheran Church Manna Market

763-753-1234
3812 229th Ave. NW St Francis, MN 55070
Every-other Thurs, 5:00 - 7:00 pm
- Drive Thru

