Keep Me Home If...

Two or more times in 24 hours.

Body rash, especially with a fever or itching. Lice or nits.

3 or more watery stools in 24 hours.

Thick mucus or pus draining from the eye.

With fever or swollen glands.

Unusually tired, pale, lack of appetite, confused or cranky.

Temperature of 100°(F) or more, (taken under the arm) AND sore throat, rash vomiting, diarrhea, earache or just not feeling good.

Seattle-King County
Department of Public Health

When Your Child is Sick:

1. Have plans for back up child care.
2. Tell your caregiver what is wrong with your child, even if your child stays home.