

Trampoline Use Permission

Use of a trampoline by children in care should only occur when the following conditions are met:

- 1) The trampoline is well maintained and in good condition, and there is clearance of at least 5 feet around the edge, or there is a safety cage net.
- 2) An **adult** is present to directly supervise use.
- 3) Only **one** child at a time on the trampoline.
- 4) Children should be instructed to restrict their jumping to the middle of the trampoline bed.

I have read the requirements for the use of a trampoline in my provider's child care home.

I give permission for my child(ren), _____, to use the trampoline in this child care home.

Parent/Guardian signature

Date

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