

EXHIBIT \_\_\_\_\_

**COLA WORKSHEET**

1. Your current gross monthly income:

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2. Your gross monthly income at the time of the last Order or last Cost of Living Adjustment:

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3. Take your current gross monthly income (line 1) less your gross monthly income at the time of the last adjustment (line 2):

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— *Example: Your answer for line 1 is \$1,500.00, and your answer for line 2 is \$1,400.00. The result is a \$100.00 increase.*

4. Take the number on line 3 and divide by the number in line 2:

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— *Example: \$100.00 divided by 1,400.00 = .07. There has been a 7% increase in income.*

5. The answer in line 4 is the amount of the increase you have had over the period of time in question. If the number is equal to or greater than the number listed on page 2 (the percentage of increase that is being sought) of your COLA notice, the Cost of Living Adjustment should take effect. If the number is over 1%, but less than the number listed on page 2 of your COLA notice, your COLA should be adjusted accordingly.

**This form must be completed by you prior to your scheduled COLA hearing. If you want your case to be given priority on the day of the hearing, you must send or fax this form along with the requested documents to the Anoka County Attorney's Office a minimum of 7 (seven) days prior to your hearing date.**